

CANADIAN FEDERATION OF UNIVERSITY WOMEN

ST. JOHN'S



**ANNUAL REPORT
2023**

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EXECUTIVE REPORTS

PRESIDENT'S REPORT – Gillian Brown

Such an exciting year for CFUW St. John's!

We began with our annual Open House on September 17th, this year held in person at the Gathering Place. Sarah Mills spoke to us about the excellent work being done at Stella's Circle and from there, there was no place to go but up!

Thanks to a dedicated Program Committee (Chair, Janet O'Brien), we had excellent guest speakers throughout the year, a lovely Christmas dinner with wondrous music and we did not go hungry during our monthly meetings. While attendance at the monthly meetings has not risen to pre-Covid numbers, it is very nice to meet in person again.

We spent the money we earned from last year's book sale wisely. We gave \$27,000 in scholarships and bursaries to our local institutions (Chair, Grace Stapleton) and our Outreach Committee (Chair, Margie Green) distributed \$8000 to local organizations including a small donation to the virtual library for Afghan Women.

Due to the interest of one our new members (Ellen Alcock), we established a new Communications Committee. The role of this committee is to look at all aspects of communications with the goal of increasing our public profile and attracting new members. You will be aware that our Membership Chair, Susan McNicholas, has been visiting lots of Interest Group gatherings, taking oodles of pictures and posting them on our Facebook page. The ones from the Book Sale were particularly nice!

Our Great Big Book Sale was the most successful sale ever! Under the leadership of Joyce Noseworthy, with help from dedicated CFUW members, members' husbands, children and friends, along with some members of the public, we spent one full month sorting, pricing and selling books. It feels really good when hard work pays off with such a great result. The Book Sale garnered a lot of publicity this year with interviews on NTV, VOCM, CBC and a small article in the Telegram. And, for the very first time, there was entertainment provided by NewFound Sound (ladies Barbershop Chorus) on the Friday evening.

We have CFUW St. John's members on national committees. Grace Hollett and Linda Coles are both on the International Relations Committee and both attended the UNCSW meetings in New York City in March. Stacey Piercy, working with the Canadian Status of Women Rapid Response Negotiating Team during UNCSW 67 was planning to join them in New York but had to withdraw before the event. Grace is the Chair of the Resolutions Committee and is the lead person for CAMEUS (a coalition of women's organizations between Canada, Mexico and the US). Linda also serves on CCUNESCO (Canadian Commission of the United Nations for Education, Social and Natural Science and Culture.) Patti McPherson is on the Membership Committee. Congratulations to these hard working members of our club.

Every year brings some joy and some sadness. This year we were sorry to learn of the passing of three long time members of CFUW – Carol Nesbit, Judith Prior and Joyce Wallace. Due to illness Judith and Joyce were no longer able to be active members but we remember them all with fondness. On the happier side, we were delighted to send congratulations to Amrita Gosh and her husband on the birth of their baby girl, Aleya, who was born on International Women’s Day! The club was more than delighted to host its first baby shower in years!

I represented our club at the national AGM (a virtual meeting held August, 2022) and cast our votes on the Resolutions as the club directed. Along with 5 other CFUW St. John’s members, I also represented our club at the Atlantic Regional Meeting held in Charlottetown, April 2023. The theme was Women and the Environment and it was a most informative, interesting and thought-provoking conference. It was also nice to meet in person with women who share similar interests.

Thank you to Jean Marks, Regional Director for Newfoundland, for her representation of our club to the national board and for keeping us up to date on national events and initiatives.

Finally, I would like to extend a heartfelt thank-you to the members of the Executive Committee and the conveners of our Interest and Study Groups. Without your support and advice the position of president would be dreary indeed. But when you work with people who say, “Yes. I’ll do that” and “Why don’t we ...” you know everything will go well.

Thank you so much to your executive for 2022-2023:

Sharon Kieley - Treasurer

Executive Secretary - Patti MacPherson

General Secretaries - Barbara Clancy and Gerri Downey

Program: Janet O’Brien

Membership- Susan McNicholas

Outreach - Margie Green,

Scholarships - Grace Stapleton

Publicity - Grace Hollett and Amrita Gosh,

Past President – Barbara Clancy

All active members of the club deserve a big pat on the back for everyone has a part in making a successful club. Thank-you for your participation.

It has been an honour and a privilege to be your president this year. I encourage every member to consider taking on an executive position at some point. It is interesting, challenging and rewarding.

REPORT OF THE SECRETARIES

Gerri Downey & Barbara Clancy

The membership approved the following motions during the 2023 - 2024 CFUW St. John's year:

FEBRUARY

That that E-Mail Policy of CFUW St. John's be established as follows:

- E-mails to the whole membership will be sent using the "blind carbon copy" (bcc) facility which protects members' privacy and reduces spam;
- E-mails may not be used for any commercial or partisan political purposes or to advertise non-CFUW events;
- E-mails may not be used by any 3rd party; and
- E-mails must be pertinent to the goals and purposes of CFUW St. John's.

Members wishing to promote non-CFUW events that they think might be of interest to the membership are invited to post on our Facebook Members-Only Group or make an announcement at a general meeting

Moved by Linda Coles. Seconded - Grace Stapleton. Motion carried

MAY

That CFUW St. John's approve the following Resolutions to be presented at the 2023 National AGM:

Resolutions 1 and 2 - That policies which are outdated or where action has been taken be moved to the CFUW National Archives

Resolution 3 - *Immigration Detention in Canada* - proposed by CFUW Halifax

Resolution 4 - *A Comprehensive Maternal Death Prevention Strategy* - Proposed by CFUW Hamilton

Resolution 5 - *Fair Treatment for Canadians Suffering From Chronic Lyme disease and Other Tick-borne Diseases* - proposed by CFUW Perth and District

Resolution 6 - *The Impact of International Trade Agreements* - proposed by the CFUW International Relations Committee

Moved by Susan McNicholas, Seconded Libby Foran. Motion carried.

REPORT OF THE TREASURER – Sharon Kieley

FINANCIAL REPORT

August 1, 2022 - May 31, 2023

OPENING BALANCE AS OF AUGUST 1, 2022: \$45,493.24

INCOME

Book Sale	\$78,436.23
Donations - Outreach and Baskets	\$377.25
Donations - Ecole Polytechnique	\$400.00
Donation - In Memoriam	\$50.00
Membership Fees	\$8084.75
Christmas Dinner	\$2050.00
AGM Dinner	\$1816.00
TD Interest Credit	\$44.58
Total Income	\$91,258.81

EXPENSES

Administration	\$1527.51
Meetings	\$669.50
Christmas Dinner	\$2100.88
AGM Dinner	\$1000.00
Conferences - ARC	\$1239.61
Book Sale ¹	\$7319.36
Outreach	\$7350.00
Baskets	\$464.40
Membership Fees - National	\$5115.00
Membership Fees - ARC	\$186.00
Sunshine Committee	\$81.33
Donation - Ecole Polytechnique	\$400.00
Donation - MUN Scholarship Fund - In Memoriam	\$50.00
Scholarships	\$26,000.00
Total Expenses	\$53,503.59

Current Account Balance: \$83,248.46

Investments: \$15,081.13

Total Commitments Remaining: \$4699.79

Balance Available: \$93,629.80

¹ Some Book Sale Expenses Outstanding – Awaiting Invoice from Crombie Developments re garbage disposal and electricity at Sale Site.

Proposed Budget 2023-2024

Conferences	\$3000
Sunshine Committee	\$150
Administration	\$2500
Meetings	\$1000
RNC Lock Exchange Program	\$500
Outreach/Baskets	\$20,000
Pre Book Sale	\$8000
Donations	\$1500
Scholarships	\$40,000
Archives	\$1500
Total Proposed Budget	\$78,150

COMMITTEE REPORTS

MEMBERSHIP COMMITTEE REPORT – Susan McNicholas, Chair

This year our membership numbers started recovering from its drop due to the pandemic. Although a few people left our CFUW group, we have welcomed 12 new members this year. Our number is now 96, which includes one dual member, Patti MacPherson who is also a member of the Moncton Club. At this time, I want to offer a warm welcome to our new members: Ellen Alcock, Juanette Anthony, Maureen Dunne, Valerie Fish, Laura Flynn, Diane Hollett, Tracy Jensen, Cindy Musgrave, Emily Rowe, Marion Tilley and Effie White. To our longer time members, please make an effort to welcome them.

September Membership Open House and Social: Membership recruitment began with the annual Open House and Membership Tea held on Saturday, September 24 2022, at The Lantern on Barnes Road. The meeting marked the beginning of the 2022-2023 CFUW year. The event was widely advertised through public service announcements and extended an invitation to all interested women. At this time, members were given the opportunity to renew membership and new members were registered.

Book sale: Our annual book sale provided an opportunity to promote membership in the club. The book sale committee, through their many interviews with the media in promoting the book collection and the book sale, provided a venue to highlight the history and mission of CFUW St. John's Club. The brochure *You're Welcome at CFUW*, designed by Ellen Alcock and Susan McNicholas, was distributed at the Book Sale to highlight the benefits of joining CFUW. Membership invitations were also available for distribution at this event.

Monthly meetings: Throughout the year members were encouraged to bring along a friend to the meetings. Thank you to everyone who participated in the membership recruitment throughout the year.

It is with great sadness that I report the passing of three of our long-time members this past year: Joyce Wallace, who was active in the NL Arts Posters in Schools (NAPS); Judy Prior, who brought us Tap Dancing; and Carol Nesbit, who was active in Bridge. They will be greatly missed.

OUTREACH COMMITTEE REPORT – Margie Greene, Chair

The Outreach Committee this year had a budget of \$8,000 sourced from last year's annual "Great Big Book Sale". This year's committee members included Gillian Brown, Bertha Schofield, Joan McCue, Libby Foran, Sheila Genge and Margie Greene (Chair).

We continue to support Iris Kirby House with baskets of household goods for those leaving Kirby House to set up their own households. We fill these with goods donated monthly by our members and we use money from the Outreach budget to top up with needed items. During most of the past year we have not had monthly meetings but CFUW members have been generous with monetary donations. CFUW member Zainab Jerrett, through the We Care Foundation has arranged for supplies of personal care items for which we are extremely grateful. We have been supplying two baskets a month with kitchen and bathroom items needed to get through the first few days in a new place. Included items are mugs, teabags, sugar, milk, tea towels, dishcloths, towels, soap, toilet paper, cleaners and many more items. Along with the baskets are a broom and dustpan. Our Basket Committee members are Ann Hinton, Libby Foran, Dianne Murray, Bertha Schofield, Sheila Genge, Joan McCue and Margie Greene.

This year, because of Covid concerns, the Outreach Committee did not meet in person until January. Money went to

The Campus Food Bank	\$1 000
CFUW International Service Project	\$500
Raise Her Up Campaign	\$250
The Alzheimer Society	\$1 000
Stella Circle Just Us Women Project	\$ 500
Connections for Seniors	\$1 000
Virginia Park Community Center Food Pantry	\$1 000

MacMarron Center The Kettle Is On	\$700
Friendship Club.	\$700
Stella's Circle Naomi Centre	\$ 700
Iris Kirby Baskets	\$464.40 +
Total	\$7,814.40

Several members donated \$60 in cash which was used to purchase basket items. There was also a generous donation of \$225 and goods from Mrs. Laura Gosse whose family and friends donated to the New Beginnings Baskets as part of her 93rd birthday celebrations. Unfortunately, Mrs. Gosse has recently passed away. We used the money to purchase \$261.31 worth of goods, which left us with total of \$23.69 in petty cash.

Zainab Jerrett and the We Care Foundation have supplied us with most of our personal care products this year which reduced our expenses quite a bit. We are very grateful for their support.

Here is some information on the projects and organizations we supported:

- Iris Kirby House is a shelter for women who are victims of domestic violence and their children. When residents leave the shelter to live in a new location they are given New Beginnings Baskets donated by CFUW. These are laundry baskets filled with kitchen, bathroom and personal care items.
- The Kettle Is On program at MacMarron Centre is offered twice a month at lunch time. They serve a home cooked meal with dessert, tea and coffee. They provide healthy meals to promote healthy eating and wellness. The Friendship Club is offered twice a month. Adults get together to play cards, socialize, enjoy some snacks and chat in a supportive environment.
- Stella's Circle provides services to adults who face many barriers to fully participating in their community. These barriers include mental health challenges, addictions, trauma, poverty, homelessness, criminal justice involvement, low literacy, and long periods of unemployment.
- Naomi Center is an 8-bed shelter that supports women between the ages of 16-29. They provide temporary emergency housing and also support women who transition out of the shelter into the community. Instead of baskets of goods, for those leaving the shelter we are providing gift cards for groceries and household items. Cards are for \$25 and are for Wal-Mart, Dominion, Sobeys and Dollarama.
- The Alzheimer Society used the money we donated to provide 20 Information Kits for those newly diagnosed with dementia and their families. They also provided six Community Awareness Sessions on dementia.
- The Virginia Park Community Centre started a food pantry this year. This is a new project based on food insecurity in the community.
- Connections for Seniors is an organization that is working to put stronger supports in place for seniors who are struggling with issues around supportive housing, medical and financial issues. They provide advocacy, case management, home care, finding a doctor, financial planning and problem solving. We provided a donation towards transportation for their social

workers for gas and insurance as they were using their own vehicles to transport seniors to medical and housing appointments.

One of our Committee members, Libby Foran, was invited to speak to an Education Class about the Social Justice work of CFUW and invited Susan McNicholas and me along. We spoke on the projects CFUW is involved in and highlighted the New Beginnings Baskets, The Home Again Furniture Bank, Connections For Seniors, Association for New Canadians and support for The We Care Foundation. The students were attentive and engaged and many were aware of our Great Big Book Sale and were interested to hear how we were using our funds for scholarships and outreach.

PROGRAM COMMITTEE REPORT – Janet O’Brien, Chair

I became Chair of the Program Committee at the June 2022 AGM. Gladys Schofield, Zainab Jarrett, Gloria Kennedy and Ellen Alcock joined the Committee and they have all helped out in various ways throughout the year. In addition, Amrita Ghosh helped smooth the transition from last year. Also, the Executive has been a great support to a newbie to this role. Thanks so much to all of you!

September 17, 2022: The Open House was held at the Lantern, with guest speaker Sarah Mills, Manager of Employment Services at Stella’s Circle. She spoke about the work of Stella’s Circle in providing Real Homes, Real Help and Real Work to their clients. There were 43 women in attendance. Most were current members, except for 5 (3 who were rejoining and two potential new members). I received positive feedback about the guest speaker and the venue from several attendees, so I have arranged for the same venue for our 2023 Open House.

October 11, 2022: The first General Meeting was held in Room 4065 of the Earth Sciences Building. We reverted to this location after considering other options, based upon factors such as ease of parking, kitchen facilities, availability at no charge and the anticipated attendance numbers.

Honourable Pam Parsons, Minister Responsible for Women and Gender Equality, was our guest speaker. Her topic was **Violence/Harassment Against Women in Politics**. She was asked to speak on this topic because a resolution had been passed at our National meeting urging all levels of government to develop and implement action plans aimed at ending this type of behavior. We held this as a hybrid Zoom and in-person meeting so that two members of the Oakville club (Bonnie Jensen & Joyce See) who had been developed this resolution could hear Minister Parsons’ presentation.

Minister Parsons spoke about her own experience with this issue as well as a number of initiatives that her department is involved in, such as pay equity.

November 8, 2022: Our guest speaker was Susan Flanagan, who is a local author of fiction and non-fiction. Susan’s comedic novel *Supermarket Baby*, won the 2019 Percy Janes First Novel Award. Susan has worked as a freelance journalist for

over 30 years. Susan gave a lively presentation concerning her writing and what is involved in getting a book published.

December 13, 2022: Members and guests (43 in attendance) enjoyed our first dinner meeting since Covid, which was held at The Capital Hotel. Before dinner we enjoyed music performed by Jing Xia, who played the zheng, a traditional Chinese stringed instrument. After dinner, Clare Follett entertained us by playing guitar and singing some Christmas themed tunes.

January 10, 2023: Garreth McGrath spoke to us regarding legal issues with respect to ageing, such as Estate Planning, Finances, Wills & Power of Attorney. Garreth is the Access to Justice Coordinator for the Public Legal Information Association of Newfoundland and Labrador (PLIAN), which is an independent non-profit that provides general information and education about the law to all Newfoundlanders and Labradorians, with the intent of increasing access to justice. This meeting was held on Zoom only, since there was a snowstorm predicted for that evening.

February 14, 2023: Allison Bennett was our speaker at this meeting, which was held on Zoom only, due to the labour dispute that was on-going at Memorial. Some members from other clubs across the country joined us for Allison's talk. Allison spoke about her doctoral research, which examined the nature of British, Australia, and New Zealand servicemen's sexual encounters with civilian women in First World War Macedonia and the Middle East. Allison was the 2022-23 recipient of the **Linda Souter Award**, named in honour of Linda Souter, the only Canadian member of CFUW who has served both as President of CFUW and Graduate Women International.

March 14, 2023: Dr. Mike Wahl was our guest speaker for this meeting, which was held in-person at the Earth Sciences Building. Mike is a professor and media host, who has spent over 25 years working in the world of health and wellness. He spoke to us on the topic of **Healthy Aging** and gave interesting examples of healthy practices in our province as well as from locations around the world known for the longevity of their people.

April 11, 2023: Claudette and Gerald Coombs, both retired educators, were our guest speakers for this in-person General Meeting. They spoke about their work as active members of the Lions Club, both locally and internationally, in eyeglass distribution to needy people. They talked of their experiences in Haiti in particular, where they partnered with Team Broken Earth in bringing these needed vision services to the people. CFUW members donated several pairs of eyeglasses to this worthy cause at the meeting.

May 9, 2023: Alison Edwards was our guest speaker at this in-person General Meeting. Alison Edwards is an educator at O'Donel High School in Mount Pearl where she is the Department Head of English Language Arts, and teaches language arts. Alison's presentation was entitled **Digital Education: Lessons Learned & Innovations Introduced**. She spoke about her approach to classroom teaching in which she endeavours to provide students with choices and to empower their voices. In particular, she examined how the recent pandemic gave her an opportunity to introduce innovations with her students as well as lessons that were learned during this period.

PUBLIC RELATIONS COMMITTEE REPORT

Amrita Ghosh and Grace Hollett, Co-Chairs

The work of this committee has been shared between Co-chairs Grace Hollett and Amrita Ghosh, who has been assisted recently in the Social Media area by Membership chair Susan McNicholas.

Focus:

PR continues to focus on members of CFUW St. John's, the local public, and other CFUW Clubs, along with some international coverage. The chairs of PR, Membership and Program have collaborated closely in the PR program of CFUW St. John's.

Zoom Host:

Grace has continued to host the zoom monthly Club Executive meetings, with responsibility for booking, and emailing invitations with links and all necessary materials. Interest Groups and General Meetings have gradually become in-person with Zoom reserved for events when weather or other conditions make in-person attendance difficult. Hybrid general meetings to accommodate members who were uncomfortable with in-person attendance were more of a challenge in Room 4065 at the Earth Science building than at the Engineering main auditorium where the technology has been updated. However, Mr. K. Hiscock was most accommodating in meeting with us and ensuring the necessary attachments were not elsewhere. There was, however, no problem with in-person meetings using Power Point.

Extending Invitations to Meetings and other events:

The main focus is on our Club members. The Program Committee chair prepares an announcement about the speaker and topic to promote each General meeting (with a speaker). Grace emails this to all members asking them to forward it through social media to encourage wider attendance, realizing that members of the public are more likely to attend CFUW meetings if they are personally invited and come with a current member. Notices, usually with a poster, designed by Co-chair, Amrita Ghosh, are posted on the Club's Facebook pages by Amrita and circulated to members for their networking.

Club Members:

The Getting to Know You series of last year has been expanded through the initiative of the Membership chair using pictures of members with their names, and of Interest Group activities, (such as the Tap Dance group). Realizing that during the Covid period some members lost touch with each other, this focus is helping members put faces to names and re-connect. The membership List is circulated to all members as it is updated.

PR Relating to the Great Big Book Sale:

CFUW St. John's had its most successful Book Sale this year. Electronic flyers were redesigned and distributed to members and by them via their networks. The

media were contacted as were schools via School Boards, churches through their central NL offices, Libraries and other organizations. Media representatives were contacted in-person and interviews and coverage arranged. We were pleased with the coverage by TV, radio, print and various websites. At the sale we circulated around speaking with prospective members and giving them a special catchy flyer about CFUW membership written by the Susan and Ellen. The Graduate Students Union at MUN was very interested in promoting the sale and many of those students attended both the sale and the “free books” period. St. John’s and area connect CFUW with The Great Big Book Sale for Scholarships and Outreach and that is positive and helpful in attracting support and new members.

Communications Committee Meetings:

A Communications committee has been meeting to consider CFUW St John’s overall communications plans, and will meet again later in June.

Regional, National and International Promotion of CFUW and CFUW St. John’s:

CFUW St. John’s is well known for its involvement at all three levels over the years and currently our Club secretary, who is also a member of CFUW Moncton, is the Secretary-Treasurer for ARC. Maintaining a national and international presence and distributing relevant international news was easier when Club general meetings were via zoom. However, Wazhma Frogh’s bi-monthly reports on the current situation in Afghanistan are distributed and the UN CSW (Commission on the Status of Women) was promoted. Linda Coles and Grace attended CSW in New York. Linda was instrumental in recruiting two women, originally from this province, to be presenters at CFUW’s parallel in-person session “Evening the Odds”. At the Mexican Embassy in New York, Grace chaired the signing of the MOU among CFUW, Women Graduates USA and Mexico’s FEMU who have formed the collaborative group CAMEUS to work on issues of common concern e.g., Immigration and Education. In organizing the virtual UN CSW parallel session “Digital Education: Lessons Learnt and Innovations Introduced” Linda and Grace met with the Dept. of Education and the English School Board, and Grace contacted the recommended teacher, Alison Edwards at O’Donel high School, who became the Canadian panelist along with panelists from the USA and Mexico. Prior to and during two weeks in March 2023, members were given information to join the parallel sessions of the United Nations Commission on the Status of Women (CSW). Recordings of many of those may be found on the UN website or the CFUW You Tube channel. At all of this networking, CFUW St. John’s was promoted.

All of the above, described efforts are enhanced through the work of Co-chair Amrita Ghost who links our Club to its own members and to the public, mainly through Facebook. Amrita’s role has been supplemented by Susan McNicholas’ work with Club member “identification”. While we can connect with members through email and text, Amrita has been preparing notices to post publicly.

Preparations for Fall 2023:

1. The September Open House will be promoted initially with a Keep the Date public announcement.

2. The media contact list is being updated
3. The communications committee's recommendations will influence future directions

SCHOLARSHIP COMMITTEE REPORT

Grace Stapleton, Chair

In September 2022 CFUW St. John's designated scholarships to be awarded to students through five institutions and one foundation, for a total amount of \$26,000, plus the annual funds from our endowment fund.

Memorial University

The total value of awards given at MUN in 2022-2023 was \$17,000 plus \$3714 from the CFUW St. John's Endowment Fund. The funds were distributed as follows:

The Dr. Edith Manuel and Ms. Olga Anderson CFUW St. John's Entrance Bursaries

These annual awards are funded through our long-term endowment fund at MUN. The amount given depends on the earnings of the fund; this year each recipient received \$1857.00.

Madison Whyte from Placentia and *Megan Fiander* from Pouch Cove.

The Edith Creighton Graduate Scholarship in Education (\$2000)

This year's recipient has not yet been announced. Last year's scholarship, funded from the 2021-2022 donation, was awarded last July, after the scholarship report was submitted. The recipient was *Sarah Carter*, a M.Ed. student in the Faculty of Education.

The Graduate Scholarship in Gender Studies (\$2000).

Graduate Studies divided this scholarship between *Shazia Shaheen* and *Maureen Levangie*, both studying for a Master's degree in Gender Studies.

Scholarship for a Masters Degree in Social Work (\$2000)

Ashley Power - School of Social Work

Scholarship for undergrad students in Social Work (2 @ \$1000)

Erin Carter

Laura Tarrant

Scholarship for undergrad students in Humanities and Social Sciences (2 @ \$1000)

Erica Evely - Bachelor of Arts

Hilaree Glavine - Bachelor of Arts

Bursary for students in Nursing Studies (3 @ \$1000)

Kathryn O'Brien

Megan Dillon

Courtney Locke

Bursary for undergrad women students in underfunded areas (4 @ \$1000)

Rebecca Dunn - Psychology

Mackenzie Murphy - Folklore

Amy Lundrigan - Bachelor of Arts

Nicole Pearl - Bachelor of Science

Marine Institute

Scholarship for women students in Marine Institute Programs (2@\$1000)

Jenna Ryan

Amber Jones

College of the North Atlantic

Scholarship for women in Early Childhood Education (2 @ \$1000)

Darrellyn Keeping -Port aux Basques Campus

Morgan Wiseman - Prince Philip Campus

Scholarship for women training in non-traditional occupations (2 @ \$1000)

Alberta Hansen - Softwear Development Co-op - Prince Philip Campus

Stephanie Jeffery - Agriculture Technician Co-op - Corner Brook Campus

THRIVE

Bursary (\$1000)

Emma Noseworthy - CAS program at CAN

We Care Foundation NL

Tuition for 19 women students in Nigeria (\$2000)

Ai'shatu Samaila - Education - College of Education Waka-Biu

Bara'tu Ibrahim - Mechanical Engineering - Ramat Polytechnic Maiduguri

Esther Bitrus - Microbiology - University of Kashere Gombe

Hauwa Stephen - Education - Ramat Polytechnic Maiduguri

Jummai Liivinus - Education - College of Education Waka-Biu

Tabitha Musa - General Agriculture - University of Maiduguri

Rashida Ibrahim - General Agriculture - University of Maiduguri

Salamatu Ibrahim - Art - University of Maiduguri

Mary Anjili - Environmental Biology - University of Maiduguri

Charity Ali - Education - University of Maiduguri

Asma'u Mohammed - Environmental Health Technology - College of Health Maiduguri

Ramatu Usman - Statistics - Ramat Polytechnic Maiduguri

Favour Mohammad - Business Administration - Ramat Polytechnic Maiduguri

Fati Abubakar - Science Lab Technology - Ramat Polytechnic Maiduguri

Esther Stephen - Education - College of Education Waka-Biu

Rahila Palga - Economics - College of Education Waka-Biu

Zakiya Haruna - Agriculture - College of Education Waka-Biu

Amira Ibrahim - Biology & Chemistry - College of Waka-Biu

Marity Dauda - Education - Federal College of Education Yola

The CFUW St. John's Dr. Audrey Lee Scholarship

This scholarship, in honour of long-time member Dr. Audrey Lee, is funded by Audrey's family and public donations to the CFUW Fund at MUN (not from the club's

scholarship budget). It was established to start in 2022-2023, but has not been awarded this academic year.

ARCHIVES COMMITTEE REPORT – Daphne Lilly, Archivist

The Club records are held at the Archives and Special Collections section of the QEII Library at Memorial University. The purpose of these archives is to preserve the non-current, unpublished records that have accumulated during past years. This section of the Library is the official repository for all our materials, and they have created and will maintain a complete record of the Archives.

The material is accessible for research upon request.

Since the Club's 2022 Annual Report was published, there has been a deposit of documents in December 2022, and more will be delivered in June 2023.

The collection is developed under the guidance of the club's Archive Policy.

PROJECT REPORTS

BOOK SALE REPORT – Joyce Noseworthy, Chair

I am pleased to report that, once again, our book sale was a great success, with record sales of just over \$78,000 worth of books! All our expenses have not yet been submitted, but we anticipate a record profit!

Our book sale was held March 30 – April 1 in the former Bouclair facility at the Avalon Mall – we rented the facility from CrombieReit for 34 days – we used the first month to collect, sort and price the books and the last three days for the sale. We collected books for only three weeks, March 2 – 23, in a deliberate attempt to limit the number of books to less than the pre-covid levels as the sale site was significantly smaller than our previous sale venues. As a result, we opened the sale with about 48,000 books. We allowed students and former students to claim unsold books at the end of the sale, which left us with very few books to dispose of.

This year, we moved the start time to 1:00 pm on opening day. Buyers began to line up around 10:00 am and it took about an hour after the doors opened for everyone in the line to enter the building. We received many favourable comments from both customers and volunteers, many stating that this year's sale was the best organized yet.

As always, there were groups and individuals outside our Club who were indispensable in making the sale a success. We thank Hiscock's Rentals for providing

the tables at a reduced rate; Garland Jennings, John Musgrave and David Walsh who helped keep things moving throughout the entire sorting, pricing and boxing process; and, of course, CrombieReit for renting the facility to us at a reduced rate. We are grateful to the many relatives and friends of members who helped at all phases of the operation – from bringing our gear to the sale site on March 1, to returning it to our storage locker at the end of the sale and at every phase in between. And, of course, the sale would have been impossible without the hard work of all the Club members who volunteered their time and efforts.

Thank you, everyone!

STUDY GROUPS

ISSUES AND RESOLUTIONS COMMITTEE – Gillian Brown

The Issues and Resolutions Committee has been meeting on a monthly basis this year.

Actions undertaken by the Issues and Resolutions Committee this year include:

1. **Afghanistan:** As a follow-up to our concerns about the humanitarian crises in Afghanistan and especially the plight of women and children, members of the committee read the June, 2022 report of the special committee on Afghanistan: “Honouring Canada’s Legacy in Afghanistan: Responding to the Humanitarian Crisis and Helping People Reach Safety”. We set up a meeting with MP Joanne Thompson and Mark Duggan, assistant to Minister Seamus O’Regan to express our concerns and to let them know that we felt the recommendations of the report should be implemented as soon as possible. In particular, we urged them to work at removing barriers that have been slowing down immigration and to sign on to UN Resolution 2615 that provides clear parameters for humanitarian assistance to be delivered to Afghanistan. We wrote a letter to the Minister of Immigration, Refugees and Citizenship and copied it to Ms. Thompson and Minister O’Regan. We suggested that CFUW St. John’s provide a \$500 donation to the Darakht-e Danesh digital library for women and girls in Afghanistan who are no longer permitted to go to school.

2. **Long Term Care:** This has been a national initiative since the fall of 2020. Our main project this year has been to read the final report of the NL Health Accord: Our province. Our health. Our Future. A 10-Year Health Transformation. We have been reading and discussing the report in sections: It is a very interesting and informative report. Chapter 8, Aging in Our Communities, the creation of “Age Friendly Communities” and “Senior Friendly Emergency Departments”, is of particular interest to our age group. We are very pleased that Sister Elizabeth Davis, (co-writer of the report) and Dr. Roger Butler will take part in a panel

discussion at our September Open House. Other documents of interest: Age friendly NL Community Program, Senior's Advocate Report for 2019, Health Care Action plan and website and the new Dementia Care Plan.

3. **Resolutions for 2022.** We reviewed the 4 resolutions passed at AGM 2022. We wrote a letter to Hon Bernard Davis, Minister of Environment and Climate Change, urging the government to commit to the tenets of the UN Human Rights Council Resolution 48/13 that "a clean, healthy and sustainable environment is a human right" and furthermore, we made links to the NL Health Accord Final Report. This letter was copied to all MHAs representing the St. John's region as well as the minister of health and the leader of the opposition.
4. **Proposed Resolutions for AGM 2023:** The committee studied the 6 proposed Resolutions with a view to suggesting amendments and making a recommendation either for their amendment, adoption or rejection by the club. The resolutions were distributed to all club members and were presented at the general meeting in April.

Thank-you to committee members: Gerri Downey, Maxine Genge, Grace Hollett, Linda Patzold, Jean Marks and, our newest member, Sharon Walsh.

Please consider joining this interesting committee. New members are always welcome.

REPORTS OF INTEREST GROUPS

BOOK CLUBS

AFTERNOON BOOK CLUB – Gladys Schofield, Convenor

Afternoon Book Club met on the 4th Tuesday of each month from September to February at 2:00 pm. In March we changed our meeting date and time due to the involvement of all of the book club members in the Great Big Book Sale, in a large variety of volunteer jobs. What a great book sale, thank you to the convenors, Joyce Noseworthy and Gillian Brown, and all the volunteers!!! Our April date book club meeting was changed because four of our members participated in the ARC in Charlottetown, PEI. This again was another great experience and we were so grateful that the club is so understanding and able to accommodate these commitments. We returned to the 4th Tuesday of the month in May; however we agreed upon a start time change to 130 pm.

We have 11 members at present. One member moved away and 2 new members joined contributing to a variety of insights and great discussion. One of our members, Patti MacPherson, the previous convenor, moved to Moncton, NB in summer of 2022, where she has become a member of the Moncton CFUW, and secretary for ARC. She continued as executive secretary of CFUW St. John's for the year 2022- 2023. We wished her well on her move, with a social at the end of the book club meeting and we have been keeping in touch with her. She did return to help us with our Great Big Book Sale.

Each member selects a book of her choice to be read during the year. Normally the person whose book we are discussing will host at her home as well as introduce the book and author. These introductions often provided much background information on the author or websites to look up further information regarding the book. Information has been provided at times regarding meeting authors at other venues such as literary festivals in Woody Point or Winterset or pictures related to the books background also have added greatly to the discussion.

The books we discussed between end of June 2022, Sept 2022 - May 2023 were the following:

The Elegance of the Hedgehog by Muriel Barbery

Tell by Francis Itani,

The Madness of Crowds by Louise Penny ,

I Let You Go by Clare MackIntosh,

We, Jane by Aimee Wall ,

Anxious People by Frederick Backman

The Rose Code by Kate Quinn (Book club kit available at A C Hunter library)

Once there were Wolves by Charlotte McConaghy

Game of Thrones by George R.R, Martin.

The last book generated great discussion. However, there were fewer members present for his discussion, due to travel and other commitments, so this book will be rated later on.

Books are rated and given a score from 1 to 5, and our discussions are lively with thought-provoking comments, socialization and humour. The average for the total books read was 4/5. Our highest rated books were: *I Let you Go, Once There were Wolves, and The Rose Code*. Our lowest rated book was *We Jane*. Even though *We Jane* received a low rating it informed us of the We, Jane movement and produced much discussion. We are looking forward to another year of great book discussion and socializing.

COSIES AND CLASSICS BOOK CLUB – Faith Balisch, Convenor

The Cosies and Classics Book Club continued as in the past year with ten members. Thankfully we had no Covid restrictions to prevent us from meeting in person, so proceeded to met at members' homes where possible and where not, with other members

preparing the all-important lunch allowing the out-of-turn hostess to supply only dishes and tea or coffee.

As in other years, we had agreed upon the books we would read at the final meeting of the previous year. In keeping with the name of our group, we read five Classics and five Cosies over the course between September and June. We read

Eric Ambler. *A Coffin for Demitrios*;
 Paul Doherty. *Crown in Darkness*;
 Patricia Highsmith. *The Talented Mr Ripley*;
 C. S. Challonder *Christmas Is Murder*;
 Freeman Willis Crofts. *Inspector French's Greatest Case*;
 Peter Lovesey. *Wobble to Death*;
 Raymond Chandler. *The Long Goodbye*;
 Joseph Conrad. *The Secret Agent*;
 Amanda Cross. *Death in a Tenured Position*; and
 Ralph McInerny. *Bishop as Pawn Taste for Bones*.

In July, we met for a lunch at the Captain's Table in Mobile followed by a delightful afternoon at the summer home of Janice Moores near Tors Cove. We had a wonderful year altogether and we really enjoy the range that our Cosies and Classics offer us. Our discussions are lively and sometimes even a trifle heated. At the end of each meeting, the individual members each give the book a rating. This year, our overall op-rated book was the classic *A Coffin for Demitrios*; the lowest rated was the cosy mystery *Christmas is Murder*. Unanimity is non-existent. However, I have noticed that, when we all really like or dislike a particular book, discussion falters, whereas we have lots to contribute when we are more divided in our reaction.

MORNING BOOK CLUB #1

Jean Marks and Thelma Hodder, Convenors

Morning Book Club #1 meets monthly on the morning of the third Thursday from September until June. This year we have enjoyed meeting in person, with the exception of one stormy day when we reverted to Zoom. Thank you, Grace Hollett! A zoom book club meeting is a treat on a stormy day.

We have sixteen members and meet in members' homes. During the summer members submit names of possible book choices. At our first meeting we organize our book list from these submissions. Our meetings consist of a social time and discussion of that month's book. Our discussions are lively as we share our opinions and experiences!

Special thanks to Grace Hollett for providing Zoom when needed, Gerri Downey for help with organizing and Sharon Walsh for help in obtaining book kits from our public library.

These books were read and discussed this year:

Anne Budgell: *Dear Everybody*
 Martha Kelly: *Lilac Girls*

Richard Osman: *The Man Who Died Twice*
 Kate Quinn: *The Diamond Eye*
 Louise Penney and Hilary Clinton: *State of Terror*
 Patti Callahan: *Becoming Mrs. Lewis*
 Frederik Bachman: *Anxious People*
 Marie Benedict: *The Other Einstein*
 Teresa Ann Fowler: *A Well-Behaved Woman: A Novel of the Vanderbilts*
 Our first fall meeting will take place on September 21st when we will organize next year's reading list. We look forward to another great year!

MORNING BOOK CLUB #2 – Joyce Noseworthy, Convenor

The Club resumed its monthly meetings in September, meeting at 10:00 on the third Thursday of each month. Because of COVID-19 restrictions, our membership was capped at 10 members, which allowed us to meet face-to-face while still keeping some distance from each other. Each member selects a book of her choice, either fiction or non-fiction. We met each month this year

The books we read and discussed this year were:

Alone on the Trail by Emily Hepditch
The Last Hummingbird West of Chile by Nicholas Ruddock
The One Hundred Years of Lenni and Margot by Marianne Cronin
The Paper Palace by Miranda Cowley Heller
The Madness of Crowds by Louise Penney
The Salt Path by Raynor Winn
Still time by Jean Hegland
Silent Spring by Rachel Carson
One for the Rock by Kevin Major
The Dictionary of Lost Words by Pip Williams

Opinion was often sharply divided about the merits of books we read; this made for spirited and quite lively discussions at our meetings. At the end, each member said what she liked best and least about the books and gave most of the books we read an overall rating out of 10. *Silent Spring* received the highest average rating, 8.3/10 and *The Paper Palace*, the lowest, 5.6/10

MURDER AND MAYHEM BOOK CLUB – Joyce Noseworthy, Convenor

The Club usually meets at 2:00 pm on the second Wednesday of each month from September to June. As was the case in 2020/21, because of Covid-19 concerns, the club was divided into two smaller groups of about 10 members so that we could

meet in those homes where social distancing could be maintained. Both groups read the same books. We had planned to devote one meeting to watching a movie based on a book we have read – we have a great time comparing the book to the movie adaptation! This year’s pick was *The Stranger* by Harlan Coban but because of scheduling difficulties, we were unable to watch the movie as a group; those who did watch the movie on their own noted that it differed significantly from the book!

We try for a mix of male and female authors; Canadian, American and European writers; contemporary and historical series; and police and non-police heroes.

The books we discussed this year were:

Invisible City by Julia Dahl
Snowblind by Rgnar Janasson
White Dog by Peter Temple
Slow Horses by Mick Heron
The Burning Girls by C. J. Tudor
Downfall by Robert Rotenberg
Death on Darby’s Island by Alice Walsh
The Stranger by Harlan Coban
Nothing Ventured by Emily Jeffrey Archer
A Murder in Time by Julie Mc Elwin

We rated all the books we read, each member providing a rating out of 10. While the ratings of most of the books were relatively consistent, opinions were sharply divided about several of our choices; the ratings for *Slow Horses* ranged from 6/10 to 9/10; those of *White Dog*, from 2/10 to 6/10. Coincidentally, our highest average rating, 8/10, was achieved by both *Slow Horses* and *Downfall*; our lowest average rating, 4.2/10 was assigned to *White Dog*.

BRIDGE GROUPS

TUESDAY AFTERNOON BRIDGE – Joyce Noseworthy, Convenor

A small group of five members meets every Tuesday afternoon at 1:30 to play bridge. We begin with a delicious snack (sometimes, a feast!) and then play 12 hands of bridge. After each hand, we discuss the bidding and the play, with the goal of improving the players’ performance in both areas.

WEDNESDAY AFTERNOON BRIDGE – Libby Foran, Convenor

Our small group has finally settled into a Wednesday afternoon bridge game, after years of lessons and then pandemic disruption!!!

Way back, prior to when Covid 19 created havoc in all our lives, a large group of ladies from CFUW St. John's gathered weekly to receive instruction in bridge from Joyce Noseworthy. I'm pretty sure there were sixteen ladies gathered around to learn from a master! We learned a lot, tried our best to digest it all, and enjoyed each other's company. Joyce had her hands full with us lot!!! She provided detailed instruction, detailed notes and engaged us in learning a ton of facts about bridge. Her knowledge base was way beyond basic!

Once the pandemic restrictions eased, some of us started playing weekly, though there have been many interruptions, due to more covid in the community, health and travel issues. This year, 2022 – 2023 has been a pretty successful year, with more continuous play. We've been delighted to finally get into a routine without too much disruption.

We play every Wednesday afternoon at each other's homes, starting with a snack and social, followed by two hours of play. We have a regular foursome, but also regularly call on three other CFUW members, mostly from the initial bridge lesson group.

It has been a delight to put our new found knowledge to the test! We've found that patience with each other, asking questions when you don't know what to do, and referring to Joyce's notes, have all helped. We're all quite pleased with our progress, though still feel like newbies in the game. We enjoy each other's company and the learning. Onward and upward with learning and playing bridge!

CRAFTEAS – Susan McNicholas, Convenor

In the fall of 2022, the Crafteas group went back to regular get-togethers at various members' houses. We met on the second and fourth Thursday morning each month from September to June. Our get togethers were very relaxed and provided a time to chat, share ideas, work at our own crafts or to just relax and catch up on news. Some of the crafts that appeared were rug hooking, beading, quilting and knitting and a darling little cross-stitched children's book. Some ladies were industrious; others just came along for ideas and suggestions, and the camaraderie and friendship from other members, while sharing news and tasty treats provided by our host.

DINING OUT- Louise Dalton, Convenor

This group is scheduled to meet the first Wednesday of the month for dinner at a local restaurant. We met eight times over the past year.

There are currently 35 members who participate. There has been a good turnout over the past year with an average of 10- 12 Ladies at most of the dinners.

We dined at the following restaurants:

October: Cojones

November: Vu Resto & Bar

December: Get Stuffed

February: Moxie's Grill & Bar

March: Piatto Pizzeria & Enoteca

April: Magic Wok Eatery

May: Woodstock Public House

June: Fionn Mac Cool's

New members are welcome to join in the fall.

LADIES WHO LUNCH - Paula Redmond, Convenor

The Ladies Who Lunch Group meets on the third Tuesday of the month at 12:30 pm. Thirty-seven members signed up this year with an average attendance of five for each lunch. Our numbers have been lower again this year due to the residual effects of Covid-19.

In June we partook of the fare at Vu Resto and Bar on Duckworth St. Cold Water Foods & Cafe in Carbonear was our choice for July where we all enjoyed the delectable food and the welcoming atmosphere. Three of us met in August at Boston Pizza on Kelsey Drive which always offers a pasta special on Tuesdays. In September we dined at Smitty's in Churchill Square and discussed venues for the rest of the year. October found us at Pop's Diner and once again in Churchill Square which was quite enjoyable. We gathered at Tiny's Bar and Grill In Paradise in November but we did not meet in December because our members were quite busy with the Christmas season. We began the New Year at The Pantry Cafe and Gardens on Clinch Crescent where different and delectable choices are always available. We did not meet in February due to inclement weather. In March we dined at Wedgewood Cafe and Catering on Elizabeth Avenue where the food continues to be delicious. April found us at Quintana's in Churchill Square for Mexican fare and in May we thoroughly enjoyed our choices at Pur & Simple.

Our schedule for the rest of the year is as follows:

June 20th - Vu Resto Bar, 115 Duckworth St., 552-1635

July 18th - Coldwater Foods & Cafe, 218 Water St. W, Carbonear, 945-373

August 15th - The Captain's Table, 21 Main Road, Route 10 - Irish Loop, Mobile, 334-2278.

If you would like to be on the list, please contact me as you would be most welcome. Also, if you are on the list and wish to be taken off, please get in touch with me.

SUNSHINE COMMITTEE

Sharon Walsh and Gerri Downey, Convenors

The Sunshine Committee aims to support club members who are sick or unwell with cards, phone messages, and hospital or home visits, where they are welcomed. We can also help with transportation to the monthly meetings. Sympathy cards are conveyed in times of bereavement. The Sunshine Committee members are appreciative when informed of members' needs in these areas.

WALKING GROUP – Margie Greene, Convenor

The Walking Group is open to any member of CFUW. We walk on trails in and around St. John's, Mount Pearl and Paradise. We walk daily Monday to Friday, meeting at a designated spot at 9:30. The walks generally last about an hour. We walk in mist, drizzle and moderate wind as well as in sunshine, when we can get it. Participation is flexible. We have five members who walk daily, another five who come weekly, others who walk in certain seasons or when the trail is in the neighbourhood. The trails include Mundy Pond, Kent's Pond, Long Pond, Quidi Vidi Lake, Rennies River, Lower Virginia River, Middle Virginia River, Power's Pond, South Brook, Octagon Pond, Adam's Pond, Admiralty Trail, Gull Pond-Sunshine Park, and sections of the NL railway system.

We walk a different trail each week. An e-mail is sent out on Sunday to members who have signed up with the Walking Group announcing the trail for the week. Those who are not on the walking e-mail list can e-mail Margie.greene@hotmail.com to determine where we are walking that week. In winter we stick to Bowring Park which is designated as a winter use park as the roadway there is plowed and sanded all winter.

WOMEN ON TAP - Riva McKee, Convenor

From the onset of Covid in 2020 until 2022, Women on Tap managed to continue Tap Dancing, maintaining social distancing in their own safe squares in the studio we rented from Connie Parsons.

In January 2023 we moved to a more accessible studio space at the Dance Centre. Tanya Lasby continued as our professional Tap Dance instructor as we completed our 14th year of tapping together!

This year Tanya has choreographed new routines, including a line dance, an Irish Step dance and even a cha-cha, each adapted for Tap dancing.

New members are welcome and will be accommodated, as studio space allows, with no previous Tap dancing experience required.

REPORT OF THE NOMINATING COMMITTEE

Barbara Clancy, Chair

The Proposed Executive for CFUW St. John's for the 2022/23 year is as follows:

President	Gillian Brown	2 st term
Vice-President	Janet O'Brien	1 st term
Treasurer	Sharon Kieley	3 rd term
Secretary	Marion Tilley	1 st term
Membership Chair	Susan McNicholas	3 rd term
Program Chair	Janet O'Brien	2 nd term
Public Relations Co-Chairs	Grace Hollett / Amrita Ghosh *	2 nd term
Outreach Chair	Libby Foran	1 st term
Scholarship Chair	Grace Stapleton	5 th term
Past President	Barbara Clancy	1 st tem

The term of office for all members of the Executive is one (1) year with the option of extending the term twice, for a total of three (3) years. In unusual circumstances, members may hold the same executive positions for more than three years.

Nominations will be accepted from the floor at the AGM or by contacting the nomination chair at any time before the AGM. Nominations will cease at the call of the Chair at the AGM.

The positions of Webmaster and Archivist are appointed by the Executive and are currently occupied by Joyce Noseworthy and Daphne Lilly, respectively. There are no specified terms for these positions.

- Amrita Ghosh will take a leave of absence at the end of October. During her absence, the Communications Committee will assist Grace Hollett in this work.