



CFUW St. John's Newsletter March 2013

Website: <http://www.envision.ca/webs/cfuwstjohns/>



President's Message

It's March already! Where does the time go? From the time of this writing it is 16 days until the first day of "spring" and 43 days until we start moving into the Arts and Culture Centre for the annual book sale! We still have lots of books to sort and price and there is still a great need for volunteers. If you haven't already done so, please try to find time in your schedule to put in a few hours at our sorting site on Hamlyn Road.

The past few months have been very busy ones for CFUW St. John's. We have continued to be involved in community outreach and, at the same time, raise the public profile of the CFUW. On December 6th, I attended the memorial vigil for the victims of the Ecole Polytechnique massacre. 2012 was the 23rd anniversary of this terrible event and the vigil was extremely moving and, if you have never attended one of the vigils, I urge you to consider it for this December 6th.

We attended the One Billion Rising event on February 14th, a campaign to end violence against women and a call for justice and equality for women and girls throughout the world. We set up an information table and met many young women who were interested in knowing about our organization. It also gave us a chance to network with other women's organizations in our area.

On February 27th, we again participated in the Gower Street Lunch Program, providing a hearty and nutritious lunch to approximately 80 disadvantaged residents of the downtown area. The meal consisted of delicious (so I'm told!) soup donated by Coffee Matters, sandwiches, cake, cookies (also from Coffee Matters) and yogurt. We have signed up for providing another lunch on Wednesday, October 30th, so write it on your calendar.

CFUW St. John's has been very fortunate financially this year to be able to offer scholarships and bursaries to young women over and above what we budgeted at the finance meeting last March. At the January meeting we voted to fund an extra \$10,000 in scholarships at MUN, the Marine Institute, the College of the North Atlantic, and the Police Cadet program. That translates into helping 10 young women in their educational pursuits!

Another exciting initiative of our club this year is the development of a new website. The website committee has been working with a website developer to create a new, up-dated, comprehensive website for CFUW St. John's. We hope to have our launch sometime in the spring.

Unfortunately our February meeting had to be cancelled because of inclement weather. It was a disappointment to many as there was a great deal of interest in the topic which our guest was to speak on – Food Security. We will be booking Kristie Jamieson for a meeting in the fall, however, and we look forward to hearing her at that time.

Our next meeting is Tuesday, March 12th. Please make every effort to attend. It will be our Issues and Resolutions meeting where we will discuss the resolutions that will be on the agenda at the national AGM in Saskatoon in July. There are 5 resolutions to be discussed – *Bullying and*

Cyberbullying, Hypersexuality: Countering Exploitative Child Images, The Need for a Federal Commissioner for Canada's Children, Adequate Income for All Canadians, and Reducing Dietary Sodium. There will also be a collection for International Women's Day. Each year CFUW Clubs across the country raise funds for various projects and programs in developing countries as an International Women's Day (IWD) project. For IWD 2013, we will be raising funds for the International Federation of University Women's (IFUW) Bina Roy Partners in Development (BRPID) Programme, which supports projects to empower women and girls through education and leadership development.

I hope to see you at Hamlyn Road and at the meeting on March 12th.

Barbara Clancy



UPCOMING EVENTS

March meeting – Tuesday, March 12th – presentation and discussion of the 2013 resolutions for the National CFUW AGM

April 17, 18, 19 – BOOK SALE!

Saturday, May 11th - Finance meeting

May outing – Place TBA

Tuesday, June 11th – Annual General Meeting and Year-End Dinner. Place TBA

Interest Groups will continue with their scheduled activities.



2012 – 2013 Committee chairs and the Interest Group convenors are reminded that you are responsible for writing a report of the year's activities of your committee/group for the Year End Report.

Barbara Clancy



SPECIAL INTEREST GROUPS

Ladies Who Lunch - Clarissa Hiscock

We will be at Jack's Restaurant, Capital Hotel, Kenmount Rd. on March 19. There will be a change of date in April, due to moving books on April 16th. We will meet a week later on April 23rd. at The Bird's Nest, 16 Stavenger Drive. On May 21 our venue will be Tiny's Bar, Conception Bay Hwy, Kelligrews, CBS,



Bridge Group #1 - Greta Spencer

This group meets on the second and fourth Thursdays of each month from September to May. We start at 1 PM with dessert and coffee, followed by an afternoon of Bridge.

March Schedule:
Fran Field March 14
Barbara Fitzgerald March 28



Bridge Group #2 - Karen Butt

Our bridge group has been meeting on the 2nd and 4th Wednesday of each month since September. We are really happy to have Carol Nesbit back with our group and extend our thanks to Maureen Harvey for filling in while Carol was recuperating from her treatments. Our last bridge game for this year will be on May 8th.



Bridge Group #3 - Sharon Butler

Our group meets on the first and third Wednesdays of the month.

Our hostesses for the remaining sessions of this year are:

March 20-Roberta Gill; April 3-Jennifer Gill; April 17-Joyce Pritchett; May 1-Sharon Butler; and May 15-Mary Hood.



Dining Out Group – Trudy Gosse

The Dining Out Group will be going to the Bacalao Restaurant on LeMarchant Road this Wednesday, March 6th at 6:30. If I haven't spoken to you please call and let me know if you are going. We will probably go to Rumpelstiltskin's in April. We will talk about this on Wednesday.

FINALLY - Will one or two of you please consider being the Convenor of the Dining Out Group starting in September 2013. I would like to have it announced at the AGM. Thank you.



Crafteas – Maureen Leat

Crafteas meets in the mornings, starting at 10 AM, on every second and fourth Thursday of the month. We chat and don't make any mistakes when working on our individual projects! Upcoming dates are March 14 –Grace Hollett, March 28 - Joyce Noseworthy's, April 11- Diane Hogan's and April 25- Linda Bartlett's.



Art Appreciation Group - Grace Stapleton

On January 30th our group toured the Plantation at Quidi Vidi Village. On February 22 we planned to view the “Living Gowns” by Brent Coffin at the Leyton Gallery and then the NSO photographs by Greg Locke at Hava Java, but the stormy weather forced us to cancel. The last Friday in March is Good Friday, but we could plan something for

March 22. June Walker Wilson has invited us to visit her new gallery, Ultramarine Fine Art Studio, so we might go there. If you hear of any other interesting shows/exhibits please let me know.



Women on Tap - Riva McKee/ Judith Prior

This year has been a never-ending learning curve for Women on Tap. We started in October with a new routine which made its debut at the CFUW Christmas celebration. Since then we have been "drilling" steps which need polishing, from all our routines. We are also adding new warm-up steps as we go. It makes for a busy hour, but everyone is committed to working hard and the results are amazing.

We have all missed Francine Fleming's cheerful presence and Tuesday practices this year. We hope that she will be well enough to join us again soon.

Thanks to our "memory bank" Joyce Noseworthy for keeping us on the straight and narrow.

Members' Travels

Hi CFUW members,

I spent all the month of January in Siem Reap, Cambodia teaching at an orphanage. If you are interested to see some pictures and read about my trip, you can click on the URL of the blog that I wrote during my time there.

<http://sue-mcnicholas.travellerspoint.com>

Once the page opens, you can click on "Table of Contents" over to the right hand side to read individual days of the blog. I hope you enjoy it. Let me know what you think, and I will send you the link to other trips, if you wish.

Best wishes,
Susan McNicholas



News from Corner Brook Club March, 2013

The west coast club is alive and well!!! It's hard to believe, BUT we have been around eight years. We currently have thirteen members. This has, more or less, been our membership ongoing over that period of time. We continually work at increasing that number but without increasing population in our area it's an uphill effort. We continue to try.

The club meets monthly from September until May each year. Some activities planned for this year include a panel discussion that will focus on Women and Leadership on March 23, 2013. This will be a public event presenting three female CEO's from the major public organizations in the region: Grenfell Campus, Memorial University, College of the North Atlantic, and Western Health. The goal of the event is to highlight this important occurrence, provide visibility for the club and reach out to new members.

Also, in March the regular Book Sale will take place. This is our major fund raiser for The Dr. Wynanne Downer Award. Dr. Downer was the co-founder of our club who passed away in 2006. Other fundraising events have included partnering with the Royal Canadian Legion on their Bingo night and hosting a Re-gifting fun night for members in January.

In April we plan to screen the NFB Documentary *Status Quo? The Unfinished Business of Feminism in Canada*. We also plan for this to be a public event.

The development of a club banner has been ongoing for a few years. We are happy to have a digital and printed version available for our public appearances. The fabric, differing medium edition is a work in progress. We are hopeful that

the finished product will be unveiled by summer. Our club has reviewed the Resolutions from the 2012 AGM. The plan is to focus on those dealing with Food Security and a Mental Health Strategy. The action plan is in the planning stage.

The club was fortunate to have received support from the Small Club Initiative of CFUW to attend the 2012 AGM in Victoria. We have not had a presence at Regional and National events recently. We will place some emphasis on how we can address this absence.

Our regular club meeting is the third Tuesday of the month. If any member from the St. John's club is on the west coast at any of our meeting times please contact us and plan to come meet our members.

Thank you for the opportunity for sharing our news with you.

Marilyn Fleming,
President, Corner Brook Club



Resolutions for AGM 2013

The following are the resolutions that will become part of CFUW Policy if adopted at the 2013 AGM. CFUW St. John's will be voting on these resolutions at the **March 12th** meeting. Please read the proposed resolutions and come to the meeting to help decide whether we will support or reject them. If you would like to have the full resolution, including Background and Bibliography, go the CFUW website or contact gebrown@nf.sympatico.ca.

Resolution 1

Title: Bullying and Cyber-bullying

Proposed by: Montreal Lakeshore UWC

RESOLVED, That the Canadian Federation of University Women (CFUW) urge the federal, provincial, territorial and municipal governments of Canada to establish a framework to:

- (i) Raise public awareness about bullying and cyber-bullying and the legal remedies already in place;
- (ii) Discourage and deter bullying and cyber-bullying, and ensure that educational institutions establish or develop programs which train educators and counselors to recognize and address bullying and cyber-bullying by integrating such training into their core curriculum and also into ongoing professional development.

Resolution 2

Title: Hyper-sexualisation: Countering Exploitative Child Images

Proposed by: CFUW Cornwall and District

RESOLVED, That the Canadian Federation of University Women (CFUW) urge the Government of Canada to implement and enforce laws that prohibit the use of sexualized images of prepubescent and adolescent children in media.

RESOLVED, That CFUW recommend a nation-wide education program be designed to raise Canadians' awareness of the hyper-sexualisation of children, especially girls in advertising, commercial products, and mass media.

RESOLVED, That CFUW urge the Government of Canada to develop media literacy that counters sexist conditioning and provides positive role models as a fundamental part of a National Action Plan to End Violence Against Women and Girls.

RESOLVED, That CFUW urge the Government of Canada to allocate resources to support programs that expose the relationship between hyper-sexualisation and gender inequality in society.

RESOLVED, That CFUW urge the Government of Canada to allocate resources to programs that support the positive depiction of women.

Resolution 3

Title: The Need for a Federal Commissioner for Canada's Children

Proposed by: CFUW South Delta

RESOLVED, That the Canadian Federation of

University Women (CFUW) urge the Government of Canada to:

- (1) Take the necessary measures to establish the office of an independent federal Children's Commissioner with the necessary human, technical and financial resources to secure its independence and efficacy in conducting comprehensive and systematic monitoring of all children's rights and to ensure the implementation of the UN Convention on the Rights of the Child in Canada.
- (2) Promote public awareness and education about the United Nations (UN) Convention on the Rights of the Child and in particular of the need to ensure the implementation of the rights of Aboriginal and other marginalized children in Canada.
- (3) Review all legislation for compliance with the Convention on the Rights of the Child (CRC) and other international conventions and protocols which Canada has ratified including the *UN Optional Protocol to the Convention on the Rights of the Child on the Sale of Children, Child Prostitution and Child Pornography* and the *UN Convention against Transnational Organized Crime and its Protocol to Prevent, Suppress and Punish Trafficking*, and to fully implement the terms set out within these documents.

Resolution 4

Title: An Adequate Income for All Canadians

Proposed by: CFUW Guelph

RESOLVED, That the Canadian Federation of University Women urge the federal, provincial and territorial governments of Canada to implement a basic income program that ensures that all adult residents of Canada, as defined for tax purposes, receive an income adequate for the necessities of life including safe housing, nutritious food, clothing, transportation and other basic needs.

Resolution 5

Title: Reduction of Dietary Sodium

Proposed by: CFUW-Ottawa

Related policies by name: None

RESOLVED, that the Canadian Federation of University Women (CFUW) urge the Government of Canada to amend the Food and Drug Regulations to change the basis of the Daily Value (DV) for sodium calculations on food labels from 2300 mg to 1500 mg to reflect the current Adequate Intake (AI) level.

RESOLVED, that CFUW urge the Government of Canada to work with the food industry to establish sodium reduction targets by food category so that Canadians can consume a healthy, varied diet without exceeding the current Adequate Intake (AI) for sodium levels (1500 mg/day for adults).

RESOLVED, that CFUW urge the Provincial, Territorial and Municipal governments to establish sodium levels for food services and restaurant food so that Canadians of all ages may enjoy healthy meals in restaurants and cafeterias without exceeding age-appropriate recommended sodium levels.

RESOLVED, that CFUW urge the Government of Canada and the Provincial, Territorial and Municipal governments to promote public awareness of healthy, age-appropriate levels of sodium consumption based on the current Adequate Daily Intake (AI) (1500 mg/day for adults).

Gillian Brown



**Dept. of Gender Studies, MUN
Scholarships**

Juls Mack and **Lesley Derraugh** are the recipients of the CFUW St. John's Undergraduate Bursary for 2012-2013.

Ilaria Pivi is the recipient of the CFUW St. John's Graduate Scholarship for 2012-2013.

These students were asked to share some information about their work.

Juls Mack writes:

"Juls Mack is a third-year Gender Studies major, Poli Sci minor, who has just returned to her undergraduate studies after a nine-year break during which she worked as a bike messenger, toured Europe with her band, lived in the Arctic, and moved to Newfoundland on a whim. Since enrolling at MUN in 2012, she has co-organized the Dec 6th vigil, presented her research paper "A life no less than our brothers on the mainland: The role of the housewife in the Smallwood Era" at the (un) doing GNDR research symposium in February, and received the Women's Association of Memorial University of Newfoundland's Mature Student Award. Her poster project "Headless Health Risks: An Autobiographical Re-Imaging of Obesity Stock Photos" is being displayed at the Body Projects conference at the University of York, UK, in March, although she could not attend herself. She currently juggles doing a full course load, working as a professional child care worker, and playing in punk bands, and greatly appreciates the financial relief of receiving this award."



Juls Mack

Lesley Derraugh writes:

"Born and raised in St. John's, I began my time at Memorial in 2009 with little direction to my studies and fell into my double major in Gender Studies and Psychology (cooperative education) by happy accident. Now, four years into my studies, I cannot imagine my life without either subject area, as I find myself to be quite passionate about both. I have focused a great deal of my academic energies over the years on domestic and sexual violence against women, completing several projects in that area. I have

been very much inspired by the work of Eve Ensler and the accessibility and attention that her work brings to women's issues. I feel that perhaps more so than any other subject area, feminist studies are a way of life instead of just an academic approach, a fact which makes it accessible to everyone regardless of their educational background. It is my hope that my continuing work in Gender Studies and my plans to complete my Masters in the area will take me past the classroom and into the field, where I can join organizations that create positive changes in society based on feminist theory."

Ilaria Pivi writes:

"I studied Cross-Cultural Communication both in Italy (in Turin) and in Germany (Berlin) and in September 2012 I started a Master of Gender Studies at Memorial University of Newfoundland. During the final year of my undergraduate studies I worked for the Cross Cultural Centre for Women Alma Mater in Turin, Italy and, once I concluded my studies, I travelled and lived in England, Australia and Spain.

My research studies range from cross - cultural communication to international migrations. Although my research is not yet completely defined, I am interested in analysing how individuals' *anxieties* derived by possessing temporary "visa immigration statuses" and the desire/need to transform these into permanent ones (through permanent residency, for example) can affect the ways in which individuals imagine their future.

In other words, although a "future" in a geographical context/location is desired, the anxieties related to the possibility of not achieving it affects "its" very possibility to be prospected. *How are* these anxieties (the need to prospect a "future" in a location and yet the difficulties related to achieving it) understood/grasped in the process/es of cross-cultural communication?

Are the anxieties experienced by individuals involved in the migration process from temporary to permanent status, perceived *by those who work* in cross-cultural contexts?

If they are, how are they addressed?

As I have decided to complete my graduate studies through an internship (during the next Fall

semester) I am hoping to conduct it in Halifax, to better analyse how these questions can be contextualised in the Atlantic Canadian context.

The award made available by the Canadian Federation of University Women, St. John's, will provide me with the funding necessary to completely devote my energies to investigate these questions."



Ilaria Pivi

Thank you to all who contributed to this newsletter. The next newsletter will be published in June. The deadline for receipt of items to be included is June 3, 2013.

Please send your items to Daphne Lilly.
(dlillyvisla@gmail.com)



If you like drinking tea or coffee at the meetings, please remember to bring your mug to all meetings at MUN.



*This Edition of
the CFUW St. John's Newsletter
was edited by
Daphne Lilly
with thanks to Jean Marks
for Printing and Mailing*